



## What Do We Do In BRYC Programs Overview

### Mandatory Programs

In 2018-2019, each Fellow will complete a minimum of two mandatory programs per week. Here is what each grade will focus on:

- **Freshmen Fellows:**
  - Working with mentors and peers to build a strong academic and social foundation for high school
  - Building self-confidence and a strong foundation for communicating through writing
  
- **Sophomore Fellows:**
  - Developing critical thinking skills that are crucial to succeeding on the ACT and in college courses
  - Building verbal and written communication skills while learning about local, national, and world justice issues
  
- **Junior Fellows:**
  - Mastering critical thinking skills that are crucial to succeeding on the ACT and in college courses
  - Mastering verbal and written communication skills while learning about local, national, and world justice issues
  
- **Senior Fellows:**
  - Mastering critical thinking skills that are key to succeeding on the ACT and in college courses
  - Applying for colleges, securing financial aid, and transitioning to college

### Non-Mandatory Programs

BRYC offers the following programs to multiple grades, and in some cases, all grades. They are not mandatory.

- **BRYC Ambassadors:** Play a leadership role in recruiting new Fellows to BRYC and hosting welcome events
- **College Tours:** We take a few out-of-state college tours per year, inviting all Fellows to attend at least one
- **HYPE:** Through a partnership with First United Methodist Church, Fellows mentor and tutor elementary school students
- **Journalism Club:** Fellows write and publish BRYC's stories through our annual report and quarterly newsletters
- **Poetry Club:** Fellows write and share poetry in preparation for the All-City Teen Slam Festival / Contest
- **Summer Empowerment Retreat:** We take all Fellows away for a couple days to get to know each other and set goals for the year

### Services Available to All Fellows

When Fellows are not in mandatory programs, they can come to BRYC to work, use any of our resources, and enjoy the following free services that are available for all Fellows and families.

- **Community Advocate:** Each Fellow is matched with a staff member who will support the Fellow during her/his time in BRYC
- **Financial Aid Coaching:** Fellows and families can make appointments to speak with our financial aid specialist
- **Mental Health Counseling:** Fellows can sign up for an individual or group therapy session with our Social Worker
- **Study Groups:** We encourage Fellows to lead their own study groups, and we provide the space and tools they need to do so
- **Tutoring:** Fellows can sign up for a tutoring appointment in any subject through our online system
- **Writing Coaching:** Fellows can sign up for an appointment with a Writing Coach through our online system
- **Yoga:** Fellows can reduce stress and increase flexibility and core strength during our weekly yoga sessions